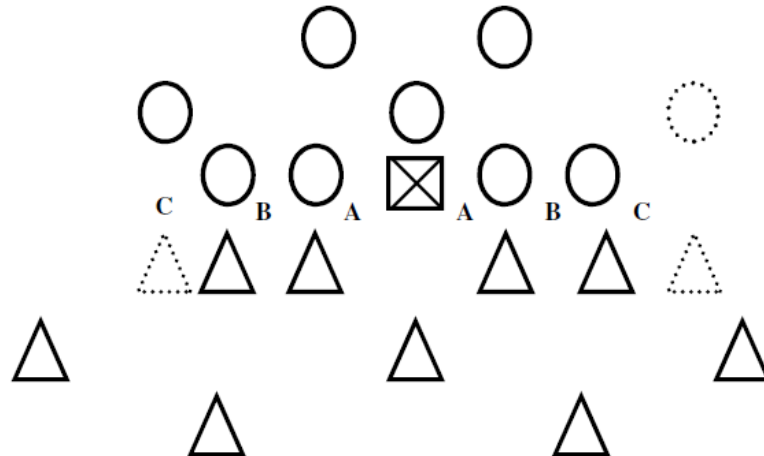


Reviewed and Revised June 2010

EXHIBIT II to GENERAL RULES OF G19YFL

4-3-2 DEFENSE for 6/7 Year Olds



Offensive Line

- The maximum split for all OL positions will be fingertips to fingertips.
- OL are permitted to pull at all ages.
- Only five players are permitted to line up on the OL. The line must be balanced with two players on either side of the center.
- RBs can line up as wings or WRs, but cannot be on the LOS and trips (three backs to one side) are illegal.

Defensive Line

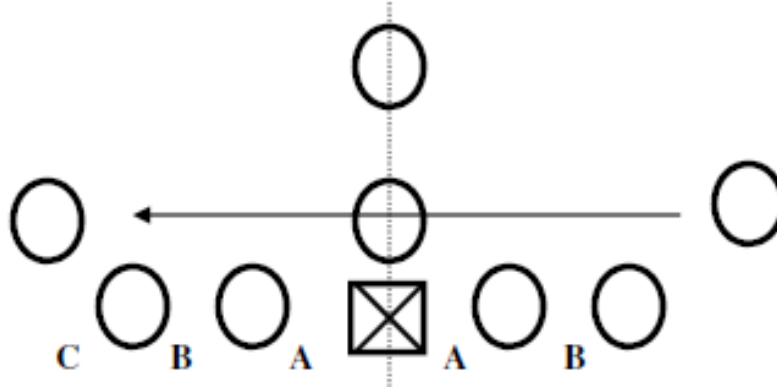
- DGs must align head-up with their OL counterparts and hit head-up. Once the DG makes contact with the OG, the DG is free to slide into the “A” gap. DGs cannot be in a 2-point stance and must be on the LOS.
- DEs must align up head-up on the TEs unless a wing is utilized in which case the DE can align head-up on the wing or in the gap between the TE and the wing. A **wing** is defined as a player off the LOS and within 2 fingertips-to-fingertips reach of the TE.
- DL are NOT permitted to shoot the “A” gap. They cannot make contact with the center until he establishes himself as a blocker by completing the snap and he has sufficient time to get into a blocking position.
- DEs are permitted to shoot the “B” and “C” gap - DEs are permitted to loop and/or stunt but cannot loop into the “A” gap. While TEs and DEs must align heads up, they do not have to hit heads up. OL are permitted to pull and DL, as defined above, can loop and shoot the “B” & “C” gaps.

Defensive Backfield

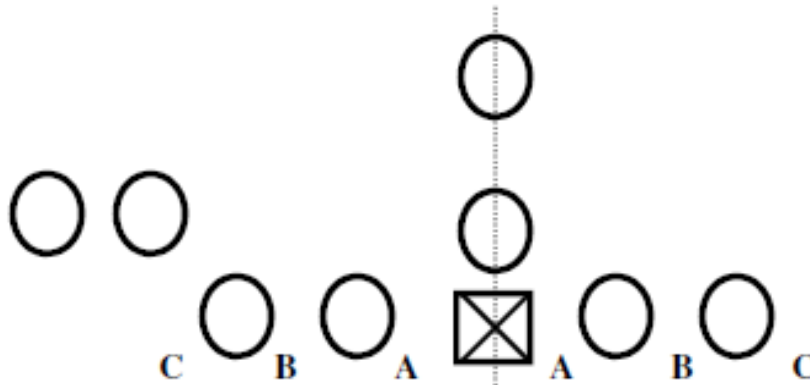
- All LBs must be at least 2 yards from the LOS.
- OLBs must be at least 2 yards from the LOS and a minimum of 1 yard off the outside shoulder of the DE. There is no maximum to the outside; an OLB can spread as wide as desired.
- Safeties may play inside or outside the OLB, but they must be 6 yards off the LOS. On or within the 10-yard line of the defense, the safeties may be moved up as close as 3 yards from the LOS. If the offense uses a WR, the defense may use a CB instead of a safety. The CB must be lined up at least 2 yards off the LOS. A **WR** is defined as any player off the LOS and more than 2 fingertips-to-fingertips reach from the TE.
- LBs and DBs are NOT permitted to cross the LOS until either the ball is handed off to a RB or WR or the QB carries the ball outside the tackles.
- **•BLITZING IS NOT PERMITTED!!!**

Note: An offensive player who is off the LOS and to the outside of the TE is considered to be either a wing or a WR. There is no “gray area”. As such, the defense must be allowed to line up accordingly.

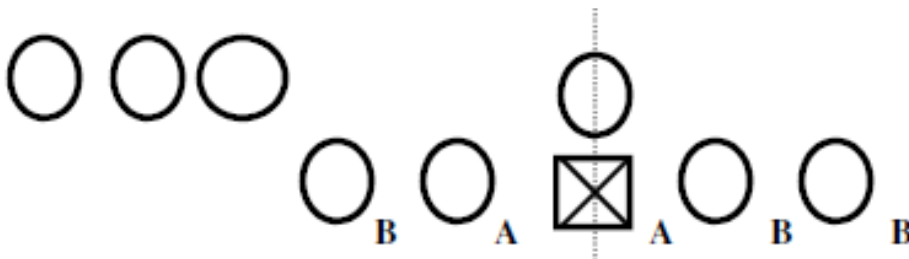
Reviewed and Revised June 2010
6/7 Offensive Formations



The above formation has a wing on the left and a wing on the right and a wing in motion. This is a **legal formation** as long as the running back in the backfield is lined up behind the QB and does not cross the midline.



The above formation is a **legal formation** provided the running back in the back field is lined up behind the QB and does not cross the mid line. The ends are eligible receivers.



The above formation is considered trips and is an **illegal formation** because the running back is beyond midline.